

# ATP Boost Fit

## ATP Boost Fit™ Workout Mixed Berry 30 Servings

### Exercise Performance & Results Optimizer\*

- Enhances Exercise Performance\*
- Helps Reduce Muscle Fatigue and Supports Muscle Power, Strength, and Growth with Peak ATP\*
- Supports Recovery\*
- Supports ATP Biosynthesis and Muscular Excitability\*
- Provides an Alternative to Ordinary Caffeine\*
- Supports Electrolyte Replacement\*
- Provides Antioxidant Support with S-Acetyl-L-Glutathione and VitaminC\*

**ATP Boost Fit** is designed to meet the demanding needs of the body during and after exercise. This great-tasting drink mix provides a low-carb, zero-sugar combination of bioactive B vitamins, electrolytes, Albion TRAACS® chelated trace minerals, key amino acids, herbs, and powerful antioxidants without the use of synthetic sweeteners or artificial ingredients. To fuel muscular excitability and take performance and recovery to the next level, ATP Ignite Workout features a unique blend of natural exercise enhancers. These include caffeine/pterostilbene co-crystal, creatine monohydrate, and Peak ATP® adenosine triphosphate. Let ATP Ignite Workout help you maximize your exercise time and energy output.\*

Dissolve the contents of one scoop in 6-12 oz of water according to preferred sweetness. On non-workout days, consume the effervescent drink in the AM on an empty stomach. On workout days, consume the effervescent drink once daily 30 minutes prior to workout, or use as directed by your healthcare professional.

### Supplement Facts

Serving Size: 1 Scoop (about 12.9 g)

Servings Per Container: About 30

	Amount Per Serving	%Daily Value
Calories	25	
Total Carbohydrate	5 g	2% <sup>†</sup>
Vitamin C (as sodium ascorbate, potassium ascorbate, calcium ascorbate, and zinc ascorbate)	500 mg	556%
Vitamin E (as d-alpha tocopheryl succinate)	10 mg	67%
Thiamin (as thiamine HCl)	0.45 mg	38%
Riboflavin (as riboflavin 5'-phosphate sodium)	0.5 mg	38%
Niacin	10 mg	63%
Vitamin B6 (as pyridoxal 5'-phosphate)	2.6 mg	153%
Folate (as (6S)-5-methyltetrahydrofolic acid, glucosamine salt) <sup>S1</sup>	68 mcg DFE	17%
Vitamin B12 (as methylcobalamin)	2,500 mcg	104,167%
Pantothenic Acid (as d-calcium pantothenate)	3 mg	60%
Magnesium (as di-magnesium malate) <sup>S2</sup>	150 mg	36%
Zinc (as zinc bisglycinate chelate) <sup>S2</sup>	3 mg	27%
Manganese (as manganese bisglycinate chelate) <sup>S2</sup>	0.5 mg	22%
Chromium (as chromium nicotinate glycinate chelate) <sup>S2</sup>	100 mcg	286%
Sodium (as sodium bicarbonate and sodium ascorbate)	135 mg	6%
Potassium (potassium bicarbonate and potassium ascorbate)	215 mg	5%
Creatine (as creatine monohydrate)	3 g	**
Proprietary Blend		
Caffeine pterostilbene cocrystal, whole coffee fruit ( <i>Coffea arabica</i> )(whole fruit) (40% chlorogenic acid), taurine, L-arginine alpha-ketoglutarate, organic green tea aqueous extract ( <i>Camellia sinensis</i> )(leaf)(25% polyphenols, 15% catechins, @lt10% caffeine), s-acetyl-L-glutathione, and acetyl-L-carnitine (as acetyl-L-carnitine HCl), yielding a total of 95 mg of caffeine.	465 mg	**
Adenosine 5' Triphosphate Disodium <sup>S3</sup>	400 mg	**
Other Ingredients: Maltodextrin, citric acid, malic acid, natural flavors (no MSG), natural grape powder, stevia leaf extract, and silica.		

† Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.